

Sketchbook Assignments (Drawing and Painting 3, Sculpture 3, AP Studio)

Because I believe that every artist should have their own art journal to play in, to practice in, and to express themselves in, I've put together 50 art journal prompts for you to use. Put this list in your sketchbook and use these prompts for your weekly entry. Make sure to label, date and number each prompt. Each entry MUST include a drawing. There is 1 entry due every week for a total of 40 entries for the year (2 semesters).

1. Grab your favorite novel and draw a scene from it. Include some writing in your sketch.
2. Just DOODLE all over the page. Fill with as much detail as possible.
3. Blind drawing. Pick an object(s) in your house. While only looking at the object, put your pen(cil) to the paper and draw it without picking your pencil up.
4. Find a picture in a magazine, glue it in your sketchbook and alter it.
5. Imagine your inner critic as a monster, draw it.
6. Draw a small child.
7. Draw popcorn that has come to life.
8. Draw the inside of your car.
9. Write down 5 of your core beliefs. Pick one and illustrate it.
10. Journal about things you love and manipulate the page with techniques other than drawing.
11. Draw your portrait reflected in a mirror.
12. Imagine your future, illustrate it.
13. Live in the moment, draw whatever is on your mind.
14. What is your favorite fairy tale, draw a scene from it.
15. Draw your pet sleeping.
16. Construct a page around the last time you traveled. Include photos and text.
17. What is your life mantra, repeat it all over the page in different fonts.
18. Draw a pile of shoes.
19. Draw your favorite food with its packaging.
20. Go to the park and draw what you see.
21. Find newspaper, magazines or junk mail. Glue it in and add to it.
22. Write down 10 things you are grateful for. Let them inspire this page.
23. Pick lyrics from your favorite song and illustrate it.

24. Think about something you've always wanted to do but have been too afraid to do so.
25. Draw a mood or expression without drawing a person.
26. Journal about heartbreak.
27. Draw a person blowing a bubble.
28. Create a study of hands.
29. Draw the contents of your purse, backpack or locker.
30. Draw your glasses and what they reflect.
31. Draw your legs and feet while standing.
32. If you had a superpower what would it be, illustrate it.
33. Find a poem and let it inspire this page.
34. Set a goal for yourself and journal about the steps needed to get there.
35. If you could have lunch with anyone, who would it be? Journal about it.
36. Draw yourself reflected in a spoon.
37. Draw someone who is about to sneeze.
38. Journal about things that make you laugh out loud.
39. Draw a glass full of ice cubes.
40. Journal about hope.
41. Draw a pile of fruit.
42. Draw your favorite childhood toy.
43. Draw a large heart in the middle of the page and add things that make your heart happy.
44. Think about a dream you have had, draw it.
45. Draw something melting.
46. Draw a connection.
47. If you could tell your future self one thing, journal about it.
48. Draw a map of where you are and where you want to be.
49. Journal about your unhealthy habits.
50. Journal about peace.